PSHE/RSE – KS4 and 5

Living in modern Britain
Diversity rights and responsibilities
Preparing for adulthood
Alcohol
Emergency situations
Accidents and risk
Long term relationships and parenthood
Puberty
Families and parenting
Keeping safe online
Feeling frightened /worried
Sexual Health
Managing finances
Managing online information

Romantic feelings and sexual attraction
Strong feelings
Mental wellbeing
Feeling unwell
Elements of a healthy lifestyle
Keeping safe and healthy
Managing pressure
Skills for learning

Key Stage 5-year 2

Prejudice and discriminations
Friendships
Personal strengths
Healthy eating
Body image
Medicinal drugs, - drugs, alcohol and tobacco

Managing online information
Gambling
Managing finances
Taking care of the environment
Social media
Keeping safe online
Feeling unwell
Romantic feelings and sexual attraction
Romantic feelings and sexual attraction
Intimate relationships, consent and contraception
Healthy/ unhealthy relationship behaviors
Puberty
Romantic feelings and sexual attraction
Preparing for adulthood
Diversity rights and responsibilities
Accidents and risk
Public and Private
Feeling frightened /worried
Intimate relationships, consent and contraception
Long term relationships and parenthood
Puberty
Emotional wellbeing
Strong feelings
Self esteem and unkind comments

Medicinal drugs, - drugs, alcohol and tobacco
Healthy eating
Physical activity
Mental wellbeing
Elements of a healthy lifestyle
Emotional wellbeing
Prejudice and discriminations
Skills for learning
Personal strengths
Managing pressure
Respectful relationships
Public and Private
Diversity rights and responsibilities
Managing finances

Keeping safe online
Feeling frightened/worried
Preparing for adulthood
Managing online information

Key Stage 5-year 1

Feeling unwell
Healthy/ unhealthy relationship behaviors
Strong feelings
Friendships
Intimate relationships, consent and contraception
Medicinal drugs, alcohol and tobacco
Healthy eating
Elements of healthy lifestyle
Personal strengths
Managing pressure
Romantic feelings and sexual attraction
Long term relationships and parenthood
Puberty
Body image
Mental wellbeing
Skills for learning

YEAR 11

Intimate relationships, consent and contraception
Strong feelings
Feeling unwell
Accidents and risks
Public and private
Managing online information
Managing finances
Long term relationships and parenthood
Self esteem and unkind comments
Romantic feelings and sexual attraction
Feeing frightened/worried
Emergency situations
Diversity rights and responsibilities
Preparing for parenthood
Healthy/unhealthy relationship behaviours
Puberty
Body image
Mental Wellbeing
Prejudice and discrimination
Personal strengths
Medicinal drugs, alcohol and tobacco
Healthy eating
Physical activity
Managing pressure
Skills for learning
Develop a lifelong love of learning

YEAR 10